

ODYSSEY ACADEMY GALVESTON K-12 BREAKFAST & LUNCH

1/2 Cup of Fruit Juice offered to High School Students Daily		2023-2024 SY			
Menu Items Subject to Change w/o Notice	Monday	Tuesday	Wednesday	Thursday	Friday
Cycle 1 Aug.14-18, Sept. 11-15, Oct. 9-13, Nov.6-10, Dec. 11-15, Jan. 22-26 Feb. 19-23, Mar. 25-29, Apr. 22-26, May 20-24	Muffin or Cereal Craisins or Raisins Fruit Juice Milk	Sausage & Cheese Kolache Apple Slices Fruit Juice Milk	Mini Pancake or Cinnamon Toast Breakfast Bar, Banana Fruit Juice Milk	Turkey Sausage & Cheese Biscuit &/or Pancake Sandwich Applesauce Fruit Juice & Milk	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk
	Chili Cheese Hot Dog Crinkle Cut Fries California Blend Veggies Whole Apple Milk	Chicken Quesadilla Seasoned Corn Charro Beans & Mexican Rice, Guacamole Pico De Gallo, Sour Cream Fresh Fruit & Milk	Chicken Tenders & Dinner Roll Mashed Potatoes Broccoli w/Cheese Sauce WG Chocolate Chip Cookie Fruit Cup & Milk	Cheeseburger w/Lettuce, Tom., Pickles Curry Fries Baby Carrots with Ranch Strawberry Cup Milk	Pillsbury Italian Cheese Bread w/ Marinara Sauce Cucumber Coins w/Ranch 100% Fruit Juice Frozen Sorbet Cup Milk
	Muffin or Cereal Craisins or Raisins Fruit Juice Milk	Sausage & Cheese Kolache Apple Slices Fruit Juice Milk	Mini Pancake or Cinnamon Toast Breakfast Bar, Banana Fruit Juice Milk	Turkey Sausage & Cheese Biscuit &/or Pancake Sandwich Applesauce Fruit Juice & Milk	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk
	Crispy Chicken Sandwich Wedge Fries Cole Slaw & Side of Pickles Whole Apple Milk	Frito Pie w/Homemade Chili & Cheese Sauce Seasoned Corn Pinto Beans, WG Chocolate Chip Cookie Fresh Fruit & Milk	BBQ Chicken w/Slice of Bread Broccoli w/ Cheese Sauce Baked Potato w/Cheese & Sour Cream Fruit Cup & Milk	Stuffed Crust Pizza or Italian Cheese Bread with Marinara Green Beans Green Salad w/Tomato & Cucumber Strawberry Cup & Milk	Warm Turkey Sandwich Sweet Fries Celery Sticks w/Ranch 100% Fruit Juice Frozen Sorbet Cup Milk
Cycle 3 Aug. 28-Sept. 1, Sept. 25-29 Oct. 23-27, Nov. 27-Dec.1, Jan. 8-12, Feb. 5-9, Mar. 4-8, Apr. 8-12, May 6-10	Muffin or Cereal Craisins or Raisins Fruit Juice Milk	Sausage & Cheese Kolache Apple Slices Fruit Juice & Milk	Mini Pancake or Cinnamon Toast Breakfast Bar, Banana Fruit Juice Milk	Turkey Sausage & Cheese Biscuit &/or Pancake Sandwich Applesauce Fruit Juice & Milk	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk
	Mini Chicken Corndogs Tater Tots California Blend Veggies Whole Apple Milk	Spaghetti w/Meat Sauce Garlic Bread Green Beans Green Salad w/Tomato & Cucumber Fresh Fruit & Milk	Chicken Tenders & Dinner Roll Mashed Potatoes Glazed Carrots WG Chocolate Chip Cookie Fruit Cup & Milk	Cheeseburger w/Lettuce, Tom., Pickles Curry Fries Baby Carrots with Ranch Strawberry Cup & Milk	Crispos w/Cheese Sauce Mexican Corn Charro Beans 100% Fruit Juice Frozen Sorbet Cup Milk
	Muffin or Cereal Craisins or Raisins Fruit Juice Milk	Sausage & Cheese Kolache Apple Slices Fruit Juice Milk	Mini Pancake or Cinnamon Toast Breakfast Bar, Banana Fruit Juice & Milk	Turkey Sausage & Cheese Biscuit &/or Pancake Sandwich Applesauce Fruit Juice & Milk	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk
	Crispy Chicken Sandwich Wedge Cut Fries Cole Slaw & Side of Pickles Whole Apple Milk	Beef and Cheese Nachos Refried Beans Salsa, Guacamole, Sour Cream, & Jalapenos Fresh Fruit & Milk	Roasted Chicken Drumstick Cornbread Muffin Cheesy Potatoes Sauteed Cabbage Fruit Cup Milk	Stuffed Crust Pizza or Italian Cheese Bread with Marinara Green Beans Green Salad w/Tomato & Cucumber Strawberry Cup & Milk	Sloppy Joe Sandwiches Baked Beans Seasoned Corn 100% Fruit Juice Frozen Sorbet Cup Milk
This institution is an equal opportunity provider					