

ODYSSEY ACADEMY BAY AREA K-7 BREAKFAST & LUNCH

2023-2024 SY

Menu Items Subject to Change w/o Notice	Monday	Tuesday	Wednesday	Thursday	Friday
Cycle 1 Aug.14-18, Sept. 11-15, Oct. 9-13, Nov.6-10, Dec. 11-15, Jan. 22-26 Feb. 19-23, Mar. 25-29, Apr. 22-26, May 20-24	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk Chili Cheese Hot Dog Crinkle Cut Fries California Blend Veggies Whole Apple Milk	Assorted Muffins Apple Slices Fruit Juice Milk Chicken Quesadilla Seasoned Corn Charro Beans & Mexican Rice, Guacamole Pico De Gallo, Sour Cream Fresh Fruit & Milk	Mini Pancake Banana Fruit Juice Milk Chicken Tenders & Dinner Roll Mashed Potatoes Broccoli w/Cheese Sauce WG Chocolate Chip Cookie Fruit Cup & Milk	Cinnamon Toast Breakfast Bar Applesauce Fruit Juice & Milk Cheeseburger w/Lettuce, Tom., Pickles Curly Fries Baby Carrots with Ranch Strawberry Cup Milk	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk Pillsbury Italian Cheese Bread w/ Marinara Sauce Cucumber Coins w/Ranch 100% Fruit Juice Frozen Sorbet Cup Milk
Cycle 2 Aug.21-25, Sept. 18-22, Oct. 16-20, Nov. 13-17, Dec. 12-18, Jan. 29-Feb.2 Feb. 26-Mar. 1, Apr. 1-Apr. 5, Apr. 29-May 3, May 27-31	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk Crispy Chicken Sandwich Wedge Fries Cole Slaw & Side of Pickles Whole Apple Milk	Assorted Muffins Apple Slices Fruit Juice Milk Frito Pie w/Homemade Chili & Cheese Sauce Seasoned Corn Pinto Beans, WG Chocolate Chip Cookie Fresh Fruit & Milk	Mini Pancake Banana Fruit Juice Milk BBQ Chicken w/Slice of Bread Broccoli w/ Cheese Sauce Baked Potato w/Cheese & Sour Cream Fruit Cup & Milk	Cinnamon Toast Breakfast Bar Applesauce Fruit Juice & Milk Stuffed Crust Pizza or Italian Cheese Bread with Marinara Green Beans Green Salad w/Tomato & Cucumber Strawberry Cup & Milk	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk Warm Turkey Sandwich Sweet Fries Celery Sticks w/Ranch 100% Fruit Juice Frozen Sorbet Cup Milk
Cycle 3 Aug. 28-Sept. 1, Sept. 25-29 Oct. 23-27, Nov. 27-Dec.1, Jan. 8-12, Feb. 5-9, Mar. 4-8, Apr. 8-12, May 6-10	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk Mini Chicken Corndogs Tater Tots California Blend Veggies Whole Apple Milk	Assorted Muffins Apple Slices Fruit Juice Milk Spaghetti w/Meat Sauce Garlic Bread Green Beans Green Salad w/Tomato & Cucumber Fresh Fruit & Milk	Mini Pancake Banana Fruit Juice Milk Chicken Tenders & Dinner Roll Mashed Potatoes Glazed Carrots WG Chocolate Chip Cookie Fruit Cup & Milk	Cinnamon Toast Breakfast Bar Applesauce Fruit Juice & Milk Cheeseburger w/Lettuce, Tom., Pickles Curly Fries Baby Carrots with Ranch Strawberry Cup & Milk	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk Crisпитos w/Cheese Sauce Mexican Corn Charro Beans 100% Fruit Juice Frozen Sorbet Cup Milk
Cycle 4 Sept. 4-8, Oct. 2-6, Oct. 30-Nov. 3, Dec. 4-8, Jan. 15-19, Feb. 12-16, Mar. 18-22, Apr. 15-19, May 13-17	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk Crispy Chicken Sandwich Wedge Fries Cole Slaw & Side of Pickles Whole Apple Milk	Assorted Muffins Apple Slices Fruit Juice Milk Beef and Cheese Nachos Refried Beans Salsa, Guacamole, Sour Cream, & Jalapenos Fresh Fruit & Milk	Mini Pancake Banana Fruit Juice Milk Roasted Chicken Drumstick Cornbread Muffin Cheesy Potatoes Sauteed Cabbage Fruit Cup & Milk	Cinnamon Toast Breakfast Bar Applesauce Fruit Juice & Milk Stuffed Crust Pizza or Italian Cheese Bread with Marinara Green Beans Green Salad w/Tomato & Cucumber Strawberry Cup & Milk	Assorted Cereal or Poptart Craisins or Raisins Fruit Juice Milk Sloppy Joe Sandwiches Baked Beans Seasoned Corn 100% Fruit Juice Frozen Sorbet Cup Milk

This institution is an equal opportunity provider